

The purpose of this guide is to help you find information and support on breast and ovarian cancer genetics. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of these materials are available to purchase through online resources, or to borrow at your public library.

Brochures and Fact Sheets

- Facing Our Risk of Cancer Empowerment (FORCE)
 - **Breast Cancer Screening for High Risk Women**
 - **If Breast or Ovarian Cancer Runs in Your Family**
 - **Genetic Information, Privacy & Discrimination**
 - **What Every Jewish Family Should Know About Breast & Ovarian Cancer**
 - **For Families Facing Hereditary Breast or Ovarian Cancer**
 - **What Every Young Woman with Breast Cancer Should Know**
 - **What Every Woman with Ovarian Cancer Should Know**

Printable version available at:

<http://facingourrisk.org/understanding-brca-and-hboc/publications/brochures.php>

- National Cancer Institute

Genetics of Breast and Ovarian Cancer (PDQ)

Printable version available at:

<http://cancer.gov/cancertopics/pdq/genetics/breast-and-ovarian/HealthProfessional>

- Susan G. Komen
<http://ww5.komen.org/BreastCancer/InheritedGeneticMutations.html>
- **Genetics and Breast Cancer** – Fact sheet from the Susan G. Komen Foundation

[https://ww5.komen.org/uploadedFiles/ Komen/Content/About Breast Cancer/Tools and Resources/Fact Sheets and Breast Self Awareness Cards/Genetics%20and%20Breast%20Cancer.pdf](https://ww5.komen.org/uploadedFiles/Komen/Content/AboutBreastCancer/ToolsandResources/FactSheetsandBreastSelfAwarenessCards/Genetics%20and%20Breast%20Cancer.pdf)
- **Research Fast Facts: BRCA**

[https://ww5.komen.org/uploadedFiles/ Komen/Pages/What We Do/We Fund Research/Your Research Dollars at Work/2018 BRCA FF.pdf](https://ww5.komen.org/uploadedFiles/Komen/Pages/WhatWeDo/WeFundResearch/YourResearchDollarsatWork/2018BRCAFF.pdf)

Books

- Friedman, Sue et al. **Confronting Hereditary Breast and Ovarian Cancer: Identify Your Risk, Understand Your Options, Change Your Destiny.** Baltimore, MD: Johns Hopkins University Press, 2012.
- Hesse-Biber, Sharlene. **Waiting for Cancer to Come: Women’s Experiences with Genetic Testing and Medical Decision Making for Breast and Ovarian Cancer.** Ann Arbor, MI: University of Michigan Press, 2014.
- Morris, Joi L. and Gordon, Ora K. **Positive Results: Making the Best Decisions When You’re at High Risk for Breast or Ovarian Cancer.** Amherst, NY: Prometheus Books, 2010.

Audiovisual Resources

- **FORCE. Facing Our Risk of Cancer Empowerment**
FORCE YouTube Channel includes many videos on hereditary breast and ovarian cancers. Access at:

<http://youtube.com/user/facingourrisk>

Web Resources

- **Hereditary Breast and Ovarian Cancer (HBOC)**
[https://www.michigan.gov/documents/mdch/HBOC Stats in Michigan 504296 7.pdf](https://www.michigan.gov/documents/mdch/HBOC_Stats_in_Michigan_504296_7.pdf)

Information on the genetics of breast and ovarian cancer, and the experiences of visiting a cancer genetics clinic in the State of Michigan.

- **BreastCancer.org** – section on Genetics
<http://breastcancer.org/risk/factors/genetics>
- **FORCE. Facing Our Risk of Cancer Empowerment**

<http://facingourrisk.org>

The information on this site helps women understand risk, genetic testing, and legal and ethical issues facing women with a confirmed BRCA mutation. Preventative measures that may reduce risk are discussed in detail, including prophylactic mastectomy, surgical menopause, chemoprevention, and more.

- **Genetics, Causes, Risk Factors, Prevention section on Cancer.gov**
<https://www.cancer.gov/about-cancer/causes-prevention>

This site links to documents on cancer genetics, genetics of breast and ovarian cancer, and the Cancer Genetics Services Directory; a directory of professionals who provide services related to cancer genetic risk assessment, counseling, and testing.

- **Genetics Home Reference**
<http://ghr.nlm.nih.gov>

This site includes condition summaries that describe the genetic causes and pattern of inheritance for specific cancer types and a handbook that provides illustrated, basic explanations of how genetic mutations cause disorders.

University of Michigan Resources

- Breast & Ovarian Cancer Risk Evaluation Program
<https://www.rogelcancercenter.org/cancer-genetics/breast-and-ovarian-risk-program>

Patient Support Organizations

- FORCE - Facing Our Risk of Cancer Empowered
<http://facingourrisk.org/index.php>
Phone: (954) 255-8732

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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