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Labia minora reduction: New reduction labiaplasty cw CO₂ laser without stitches to close by Dra Barba, about 150 cases

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Research Purpose: To present the results and benefits of reduction labiaplasty labia minora hypertrophy woman with local anesthesia and a fast, simple CO₂ laser resection without stitches in the edges of the labia minora vulvar.

Methods: We have treated 150 patients with hypertrophy of the labia minora vulvar cw CO₂ laser, continuous, and local anesthesia to cut linearly excess labia minora, CO₂ laser coagulation and sealing the edges with CO₂ laser.

Results: During the study period of 1 year, they were treated to a total of 150 patients. The data indicated: better acceptance of surgery by patients, less discomfort, faster return to everyday activity and healing in half the time with surgery and closed with stitches, best result of scars.

Conclusions: The thermo-ablative CO₂ laser treatment without stitches could be a safe, effective and initial choice option for reducing hypertrophy of the labia minora vulva of women affected by hypertrophy.

Biography

M J Barba completed Bachelor of Medicine and Surgery from the Complutense University of Madrid (Spain) 1986. She has done PhD in Medical Surgical Dermatologia and Venereology Universidad Complutense de Madrid (Spain) and Master in Cosmetic Surgery ReyJuanCarlos by the University of Madrid (Spain). She is a specialist in Senology and Mammary Pathology by Universidad Autonoma de Madrid (Spain) & Specialist Food and Diet Therapy in Children and Adolescents University of Navarra (Spain). She is with surgical activity in Madrid and Zaragoza Chiron Clinics since 1987 (Spain). She works with hospital surgical activities in La Milagrosa Madrid. She is a Medical Director in chief medical clinics in Madrid and Zaragoza since 1987 (Spain). She is a speaker at national and international medical conferences, partner in TV programs, university master courses, and in radio and press.

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